

ONE FOR LIFE – SUMMARY

YOUNG ADULTS IN COURTING

CHAPTER 1:

1. What are the inventory books that the couples must fill out in chapter 1.
 - A. How to forgive
 - B. Maintaining an attitude of Forgiveness
 - Focus on the 1st 3 weeks is on the individual
 - Who am I? How does God see me?
 - Looking at your personality and spiritual gifts
 - View of the top 2 love languages
 - Defining your purpose with biblical references – To be a disciple of Christ and to live by His righteous standards
 - What race has God marked out for my life?
 - Am I a whole person – Marriage was not designed to fulfill you
 - Aside from loving each other – why are you getting married ???
 - Men and women were created to complement and not compete. Gen 2:18
 - Forgiving yourself – do not hang onto your past – Rom 12:1-2

CHAPTER 2:

Family Ties:

- Confessing and breaking judgment and vow
- Unforgiveness can affect the leaving and cleaving, must deal with hurts and disappointments,
- +*-Forgive the offender even if they don't forgive you but look to help them forgive
- +Empathy vs sympathy
- Family portrait – examine your upbringing
- Identifying generational patterns that affect your choosing of your partner and getting rid of these ungodly patterns:
 - Family history of mental or emotional breakdown
 - Family history of adultery or divorce
 - Family history of miscarriages or barrenness
 - Continuing history of financial insufficiency
 - Substance abuse
- Honoring vs obeying your parents – Heb 6:1
- Do you have your parent's blessings for your marriage??
- Forgive – grant free pardon – work on your list of forgiveness
- Forgiveness is a choice!!!